Welcome to ZEFYR’s Extended Donor Profile

ZEFYR voluntarily provided the following information which will be disclosed to future parents as an aid in their selection.

General information and characteristics

Race: Caucasian/Middle Eastern
Ethnicity: French/Algerian
Height: 192 cm
Weight: 95 kg
Build: Athletic
Shoe size: 46
Clothing size: Large
Skin tone: Olive
Facial shape: Long
Lips: Medium
Eye colour: Brown
Eyebrows: Dark brown
Beard: Dark brown
Hair: Dark brown, medium thick and wavy

ZEFYR wears glasses. He is allergic to kerosene, but he does not suffer from any medical conditions or physical abnormalities.

ZEFYR resembles the Australian actor Hugh Jackman. Click here for photos of Hugh.

Academics

ZEFYR went to school for a total of 21 years including primary and lower secondary school. After graduating from a technical high school he studied for a bachelor in agriculture. Subsequently, ZEFYR went to Australia to gain experience in this field and to study for another bachelor’s degree in mechanical engineering. ZEFYR tells us: “I was offered a Ph.D. scholarship, but I refused because I rather like combining fields than digging deeper into details”. ZEFYR’s career goal is to become a project engineer in the renewable energy industry. His former jobs include working as a production supervisor, a self-employed consultant and a testing technician, and he has done volunteer work in a rowing club board. ZEFYR’s native language is French and he also speaks English. He did not serve in the military.

Words that describe my personality would be: Authentic, open-minded, visionary, enthusiastic, independent and pragmatic.

My career goal is to become a project engineer in the renewable energy industry.
Q&A with ZEFYR
ZEFYR answers questions about his life, experiences, and good memories

Which words describe your personality?
Authentic, open-minded, visionary, enthusiastic, independent, pragmatic, a critical thinker, adaptable, dependable, action and people oriented.

Describe your strong sides:
I am purpose driven, I like logic and I think that anything is possible until proven otherwise. I am a realistic person standing on the optimistic side and I walk through life’s sweet spots comfortably. I feel really good in my skin and have clear personal bearings. I challenge them by often juggling with thoughts, experiences and everyone’s opinions. It is healthy. I am neither materialistic nor spiritual. I don’t get lost in illusions.

Describe your weak sides:
Living too much in the future, I tend to visualise what is going to happen and prioritise the future above present satisfaction. That is the reason why I am single. Too outspoken for my own good - during my first degree, my lecturer made me apologize for speaking out on the current teaching standard.

What is your marital status?
Single.

Do you have any children?
No.

Which types of sport do you play or have played?
Rowing at a competitive level, judo and handball.

Which other types of sports are you interested in?
Volleyball, badminton.

List any other hobbies you may have or have had:
If spending time talking with people can be classified as a hobby then that is my hobby. Also, for the best of ten years, I was very involved in my rowing club’s life. I was a competitive rower (won a few memorable races), a board member, a coach assistant, and everything else required by volunteer based club life (construction work, fund raising, events preparations, etc...), the greatest reward was to see it grow into a thriving club for all ages. Another hobby of mine is to immerse into the world of people with various beliefs and cultures to understand what keeps us so diverse and apart. I have travelled to learn by living with the locals.

List which musical instruments you play or have played:
None.

Religion:
I do not live by any sort of doctrine.

How many hours of sleep do you get on an average night?
7-8 hours. I am an early bird.

Do you eat healthy?
Always.

Do you smoke?
No.

Do you ride a bicycle?
Often.

How much alcohol do you drink on average per week?
None. I enjoy sharing a drink with friends.

Which countries have you visited?
England, Denmark, Slovakia, Hungary, Romania, Germany, Spain, Australia.

Describe the best holiday you have had?
A road trip to Lake Eyre with my Australian host family. The landscape was astonishing, like from another planet. It all begun way north of Adelaide. We pulled up in a petrol station/foodstore/pub. In the parking lot there were many unusual people. The lady at the counter had an eyepatch. I don’t know why but it felt like being in Mad Max. The rest of the trip was a fire work of red, green and blue in a diversity like I had never seen before. We camped with a lot of other travellers from all over the world and we ate stunning pig and sheep meet on spears. Today we still laugh of the fact that we had to change a flat tire while the road train that we passed earlier was passing.
What do you like the most about your own country?
I am very proud to be French and only for this reason: The declaration of the rights of man and citizen. I am also very humble, because I did not fight for the acquisition of those rights in 1789 during the French revolution. That being said, I am also very proud that France and Germany got over two catastrophic world wars and that the EU was created. Today, I feel as much as a European citizen as a French citizen. A unique language (English) will bridge many more lives together for a stronger liberty and peace so that war will never be an option. I believe that we should have the right to relinquish our birth nationality to take on European citizenship which would warrant equal rights under Brussels. I will still love La Marseillaise and blue cheese, but something greater must be done for the future Europeans.

Who are your idols/heroes/heroines?
I have no idol as such. I like those that are effective and walk the talk, so, on my list I have Michael Schumacher, Elon Musk, Carlos Ghosn, and Anne Hidalgo. Elon Mush (Tesla CEO) and Carlos Ghosn (Nissan CEO) should get the first Nobel Peace prize for business leaders because they have jump started the electric car industry which hopefully will lead to lower fossil fuel consumption hence peace; in that regard they embody the idea that business can also make the world a better place. Anne Hidalgo (mayor of Paris) should become French president because of her frankness on how to protect the common good. Michael Schumacher is a great professional.

What are your goals in life?
To get a family and have the time to properly raise my kids into good individuals and citizens.

What were your childhood dreams:
I have no memories about that. I remember living experiences. The closest that came to a dream was the idea about renovating an old barn in order to make it my family home. Yet I also believe that it should be a project for me and my wife so I did not pursue that dream.

Which values do you rank the highest?
Honesty. Authenticity - I feel much better next to authentic people. Liberty - everybody shall live their life as he/she thinks is the best as long as it does not affect the liberty of someone else.

Which childhood experience made the biggest impression on you?
When I went to primary school I saw my teacher’s dog being run over by a car.

Which was your greatest experience or moment?
When my sister and her partner announced that they were going to become parents. We were ecstatic. I always get excited about new human beings on the way. Today, my childhood friend has announced that their third child is on the way.

Happiest: When I became fluent in English. Speaking another language opened a completely new world and there are much more people to talk to.

Funniest: My friends and I were going to an open field concert on our very old mopeds. One of them sat on my back seat. We struggled on our way there in the cold. When we finally arrived he was so excited to join the party that he thought that hiding his helmet in the field would be a good idea. Who would go there in the dark to steal it? As he threw it, we all heard a weird sound “plufffffff”. We all laughed. There was a water hole… He skinny dipped at midnight, and it was during the winter. Not so romantic, but thanks for warming us up by laughing.

Scariest: We were walking along a creek with the family dog when we came across a large coypu. The dog jumped into the creek to fight and the coypu stood its ground - who knows why. I could see the coypu holding on to the dog’s throat. I jumped too and the coypu fled. The dog was bleeding really bad and I was so worried that her carotid was sectioned. I could not imagine her dying like that and bringing her home dead. I felt so guilty. She stopped bleeding thanks to good carotid anatomy. She loved running and hunting because that is what hunting dogs do and I loved giving her that freedom. Of course we were not allowed to do so. We went there several times afterwards. I just avoided getting near that creek.
Proudest: Becoming my nephew’s godfather. I love that responsibility.

Most dangerous: I can’t recall anything. Growing up on a farm, you quickly learn to stay clear of danger such as machines or animals. I was very scared of bulls and I was always told to neither turn my back to them nor to trust them. Those are not pets.

Greatest sorrow: Losing my maternal grandmother left a big hole for a while.

What is your favourite colour?
Blue - the colour of our planet. There are billions of stars in our night sky, yet so far no blue dot, not even for the space telescope Hubble.

What is your favourite animal?
ChameLion ;) You read it well, I just made the word. The chameleon because it adapts to its environment. The Lion because it stands over the jungle like justice over us. If an animal could go to space, then I would have picked that. This would have been us. I hope you don’t mind a little sarcasm.

What is your favourite kind of food?
A beef bourguignon with carrots and potatoes all slowly cooked, because it is so nice to share with people around a table while the winter is trying to join the party.

What is your favourite kind of music?
Anything good. I am open for new songs, yet I don’t like country music and heavy metal. Right now I have a soft spot for Rodriguez’ “Cold Fact”, George Brassens, Beethoven’s 9th symphony, Edith Piaf, Aretha Franklin, Ray Charles and Louis Armstrong. As a teenager I liked the Cranberries, Radiohead, Nirvana, Oasis, Noir Desire and electronic music and I still do.

What is your favourite kind of car?
Nissan Leaf because it is the world’s most sold electric car. As long as people need cars then non fossil fuel options are the best for everyone except very few.

What is your favourite kind of pet?
Dog. I loved to have my dog on my lap as a puppy, but when she got bigger I didn’t. She was beautiful.

What is your favourite time of year?
All seasons are equally good. They all have something to be appreciated for. Winter for a warm home, spring for the thunderstorms and autumn is like a relaxing brown leather couch.

What is your favourite book and/or author?
I particularly enjoy reading Noam Chomsky, Jared Diamond, and Darwin. My latest book is “Every man in this village is a liar” by Megan Stack. I don’t read novels; I rather prefer to learn things to improve my perspective on life, but I do enjoy the poetry in “Les Fables de la Fontaine”, and I found Bukowski’s poetry on his life in Los Angeles very, very, troubling.

What is your favourite movie and/or director?
Generally, the broader the better and preferably in the original filming language. Comedies: “John Oliver’s Last Week Tonight” is an hilarious pass out; Amy Schumer’s black humour is like fine sand in salad. I got to know and love “Clown - the movie” during my Danish lessons. Great humour and very entertaining. No horror movies thanks. Luc Besson’s “Nikita” and “Leon”. “The Star Trek” series stretches the imagination out with a focus on human weaknesses. “One flew over the cuckoo’s nest” has great acting. Columbo is my favourite detective.
ZEFYR's family tree
Information about ZEFYR's siblings, parents and grandparents

Paternal Grandfather
Age: 72
Alive: No
Race: Middle eastern
Ethnicity: Algerian
Education: Train driver
Occupation: Train driver
Height: 190 cm
Weight: 85kg
Hair colour: Black
Eye colour: Brown
Health: Good

Paternal Grandmother
Age: 82
Alive: Yes
Race: Caucasian
Ethnicity: French
Education: Nurse
Occupation: Nurse
Height: 165 cm
Weight: 70 kg
Hair colour: Dark brown
Eye colour: Brown
Health: Good

Maternal Grandfather
Age: 72
Alive: No
Race: Caucasian
Ethnicity: French
Education: High school
Occupation: Cattle farmer
Height: 175 cm
Weight: 60 kg
Hair colour: Blond
Eye colour: Blue
Health: Good, but died from lung cancer (smoker)

Maternal Grandmother
Age: 78
Alive: No
Race: Caucasian
Ethnicity: French
Education: High school
Occupation: Cattle farmer
Height: 160 cm
Weight: 70 kg
Hair colour: Brown
Eye colour: Hazel
Health: Good, but died from ovarian cancer

Father
Age: 60
Alive: Yes
Education: High school
Occupation: Truck driver
Height: 192 cm
Weight: 100 kg
Hair colour: Dark brown
Eye colour: Brown
Health: Good

Mother
Age: 59
Alive: Yes
Education: Accountant
Occupation: Cattle farmer
Height: 165 cm
Weight: 60 kg
Hair colour: Brown
Eye colour: Brown
Health: Good

Sister
Full or half: Half
Age: 28
Alive: Yes
Education: Bachelor in agri business
Occupation: Farmer/consultant
Height: 175 cm
Weight: 60 kg
Hair colour: Brown
Eye colour: Brown
Health: Good

Brother
Full or half: Half
Age: 30
Alive: Yes
Education: Carpenter
Occupation: Carpenter
Height: 182 cm
Weight: 75 kg
Hair colour: Light brown
Eye colour: Hazel
Health: Good

Sister
Full or half: Half
Age: 9
Alive: Yes
Education: Primary school
Occupation: Primary school
Height: 140 cm
Weight: 35 kg
Hair colour: Brown
Eye colour: Brown
Health: Good

Sister
Full or half: Half
Age: 9
Alive: Yes
Education: Primary school
Occupation: Primary school
Height: 140 cm
Weight: 35 kg
Hair colour: Brown
Eye colour: Brown
Health: Good
A personal message from ZEFYR - page 1 of 4

My motivation for being a Cryos International donor

To the future parent(s) and possibly the grand parents, siblings and friends.

First, I thank the entire Cryos team for today’s success and more especially Henriette, Ivan, and Tannié. I too acknowledge the pioneering foresight of Cryos’ founder, Jon, in France, donors must be a parent. So here I am yesterday, I randomly ran into a single mother and her son at an art exhibition on Danish families. I was walking a photo of a mother that used a donor, when suddenly a voice said: Could you please take some photos? It is no she said. Her bright smile told much of her pride and how much she wanted to be a mother. I took a few photos of many more women like this to come for them. I felt very fortunate to witness the donor’s gift.

For the gift of love and humanity go hand in hand into new human lives, preserving on life to parent(s) is Noble. For the gift of life is free, all proceedings went to advance medical science.

For their marrow shall grow in no shadow into the light, I am not anonymous.

I regularly donate plasma, tried bone marrow (was too young) and would donate my organs if I died accidently (or licence).

So I give you life.
A personal message from ZEFYR - page 2 of 4

My motivation for being a Cryos International donor

To your children, teens, young adults, I am not your parent, so my message will be unusual and focused on three areas that you may want to some degree; body, mind and heart. In my case, the "hard ware" is complete enough.

My body functions quite well; I get fit quickly, and perform well in sports requiring short, intense burst of power like running, and sprinting. I did not smoke, abuse alcohol or took drugs so I don’t know how it would have turned out over time, today I feel young, strong and wise, my body mass remains constant, exercise or not. For boys, my body has thickened later than average.

My mind functions by mixed abstract thoughts and concepts binding. If you have problem try to draw it. If you can’t try again, you may not have get it. I like political cartoons as they really grab the entire situation. I like sarcastic humour like John Oliver last week Tonight show. I learn by doing and experimenting. I function better on my long term memory than short term. If I liked something then I was the best at it, the inverse is true.
On the heat ride, I am a songbird who don’t fall in love easily, yet it gets intense so I learnt to release. Passion needs a little cooling off sometime. I used to let go a few tears and wrote my heart out for her; I felt much better.

Empathy; seeing homeless people in rich countries, really breaks my heart, abandoning our fellow citizens in poverty. Most often I find the ways for the will is strong. A problem solvers without a heart is a computer, of course everything is relative and proportional to something so humans are diverse.

What parts of me originated from nurture or nature or their interactions? I don’t know, DNA is some amazing piece of invention. We (my siblings) were never spoilt or told what to think, however we were equally cared for and had to work our ways. Nothing of what I have been given (nature or nurture) would have came to life without hard work, I am not afraid to start from zero and half.
In general, I prefer cooperation to competition. I enjoy flat organisations based on individual quantities and common sense.

In my private life, I keep my time for family and friends and place a premium on good affinities, usually people with authentic and spontaneous character. Regarding my tastes, I opt for quality over quantity.

Finally, I thank my parents for giving me good foundations and each others, my extended family, my friends, my teachers, and acquaintances present and passed away for me have enriched each other’s lives in so many ways. A better society starts around us. Today is good example.

I will regularly inform the clinic on any health status so that you get relevant information. If the event that one time meet again, you are most welcome to satisfy your curiosity and questions.

All the very best,